

# STARTERS

## DARK RUM BARBEQUE RIBS £8.95

toasted sesame seeds, garnish (gf)

## MOULES £10.50 (subject to availability)

cream, white wine, garlic, shallots, thyme, parsley, crusty bread (gfo)

## CALAMARI FRITTI £9.50

garlic aioli or chimmichurri sauce

## TEMPURA COURGETTES £7.95

vegan garlic mayo (ve)

## GAMBAS £10.95

garlic butter, chilli, parsley, smoked paprika, crusty bread (gfo)

## GARLIC MUSHROOM BRUSCHETTA £8.95

Garlic mushrooms, truffle oil, rocket, bruschetta (ve)

## ANTIPASTI PLATE £12.95

selection of cured meats, artichokes, olives, sunblushed tomatoes, feta, breadsticks (gfo)

# SIDES

garlic bread	£4.95	broccoli	£4.20
with cheese	£5.95	house slaw	£2.95
with cheese		new potatoes	£4.95
& tomato	£6.50	milho	£4.95
chips	£4.20	peas	£2.20
with truffle oil		mixed veg	£4.95
& parmesan	£6.50	side salad	£4.95
bread basket	£3.95	rice	£2.95

# MAINS

## 10OZ NEW YORK STRIP £27.95

mushroom, sherry & peppercorn sauce, garnish, chips (gf)

## STAKS SURF & TURF £33.95

New York strip, gambas, mushroom, sherry & peppercorn sauce, garnish, chips (gf)

## CHICKEN ESPETADA £18.50

## CHICKEN & KING PRAWN ESPETADA £20.95

## KING PRAWN ESPETADA £23.95

all espetadas - garlic butter, chips or rice, option of slaw & milho (gf)

## CHICKEN SCHNITZEL £17.95

garlic butter, slaw option, potatoes, vegetables

## DARK RUM BARBEQUE RIBS £18.95

toasted sesame seeds, slaw option, chips (gf)

## VEGAN PENNE £17.95

spinach, artichokes, aubergines, sun-dried tomatoes, red onions, red peppers, toasted pine nuts (ve)

## CRAB LINGUINE £23.50 (subject to availability)

chilli, garlic, olive oil, white wine, cream, parsley

## MOULES & FRITES £19.95 (subject to avail.)

cream, white wine, garlic, shallots, thyme, parsley, chips, crusty bread (gfo)

## FILLET OF SEA BASS £23.95

creamy white wine sauce, potatoes, baby spinach, asparagus (gf)

## TEMPURA FISH & CHIPS £15.95

chips, mushy peas, tartare sauce

# BURGERS

## MAX STAKS BURGER £16.95

burger, char-grilled smoked bacon, cheddar cheese, caramelised onions, brioche bun, lettuce, avocado, tomato (gfo)

## CLASSIC STAKS BURGER £16.25

burger, cheddar cheese, brioche bun, lettuce, avocado, tomato (gfo)

## SIMPLE STAKS BURGER £15.50

burger, brioche bun, lettuce, avocado, tomato (gfo)

## STAKS VEGAN BURGER £16.50

bean burger, vegan cheese, bun, garlic vegan mayonnaise, lettuce, tomato and avocado (ve)

all served with chips

choose from: garlic aioli, bbq aioli, dijon aioli, thousand islands

# SALADS

## GRILLED HALLOUMI CHEESE £15.50

grilled halloumi, tuscan salad of tomatoes, basil, croutons, parmesan, onion, garlic, balsamic reduction (v) (gfo)

## CAESAR SALAD £12.95

croutons, parmesan, caesar dressing  
add chicken £5.50 | crispy bacon £3 |  
king prawns £7 (gfo)

## GREEK SALAD £16.95

feta, tomatoes, olives, cucumber, red onion, salad, olive oil vinaigrette, sun dried tomatoes (v) (gf)

Welcome to Staks La Pulente. **If you have a food allergy please let us know.** All of our dishes are freshly prepared and cooked to order.

Your patience at busy times is appreciated. Due to supply chain constraints some items on the menu may not be available.

# SAUCES

ADD TO  
ANY DISH

- garlic aioli
- bbq aioli
- dijon aioli
- 1000 islands
- sweet chilli & lime
- sherry & peppercorn
- dark rum bbq
- garlic butter
- tartare sauce
- vegan garlic mayo
- chimmichurri

**£1.95 each**

**£2.95 each**

# KIDS' MENU

## PASTA POMODORO £7.95

penne pasta, Staks tomato sauce, parmesan cheese

## CHICKEN GOUJONS £7.95

side & chips

## SHORT STAKS BURGER £7.95 (gfo)

4oz burger, bun, cheese option, side & chips

## CRISPY FISH & CHIPS £7.95

plus side

## CHOOSE A SIDE

garden peas / broccoli / side salad

## ALLERGY ADVICE

Please be aware our kitchen uses ingredients such as nuts, peanuts, fish, molluscs, seafood, milk, eggs, dairy products, gluten products, mustard seeds, celery, sesame & products which may contain sulphides.

If you have dietary requirements/food allergies please speak to a member of our staff before ordering and ask for our allergens menu. Our allergens menu is also available at staks.je  
If your allergy is severe please do not eat our food.

(v) vegetarian (ve) vegan (vo) vegan option available (gf) prepared without gluten (gfo) gluten free option available

# DRINKS

## DRAUGHT

Carling	pint	£5	half	£2.60
Guinness	pint	£5.60	half	£2.90
Waverider Pale Ale	pint	£5	half	£2.60
San Miguel	pint	£6	half	£3.10
Stinky Bay IPA	pint	£5.60	half	£2.90
Strongbow	pint	£5.30	half	£2.75
Heineken	pint	£6	half	£3.10
	schooner			£4.10

Bottled beers & ciders available.

## WINES BY THE GLASS

	175ml	250ml	Btl
Sauv Blanc, Marlborough	£6.80	£8.90	£26.50
Chenin Blanc, Stormy Cape	£4.70	£6.20	£18.50
Pinot Grigio, Calusari	£5.80	£7.60	£22.50
Solara Rose, Cramele recas	£4.70	£6.50	£18.50
Mirabeau, Provence Rose	£7.20	£9.50	£28.50
Carignan, Mont Rocher	£4.70	£6.50	£18.50
Malbec, Hornhead	£5.70	£7.90	£22.50

See our Wine List for our full selection

## HOT DRINKS

Flat white	£2.95	Espresso	£2.00
Americano	£2.60	Dbl espresso	£2.50
Cappuccino	£2.95	Iced coffee	£3.20
Latte	£3.00	Mocha	£3.30
Hot chocolate	£2.95		
add cream	£0.55	marshmallows	£0.55
Pot of tea	£1.90		
Earl grey / Peppermint / Green			£2.00
Syrup shots	£0.50		

## SOFTS

330ml cans	£2.50
J2O Apple & Mango / Raspberry	£3
J2O Orange & Passion Fruit	£3
Red Bull	£3.95
Robinsons Fruit Shoot Apple/Orange	£1.80

# DESSERTS

## STICKY TOFFEE PUDDING £8.95

toffee sauce, vanilla ice cream

## TIRAMISU £8.95

disaronno, savoiardi, mascarpone

## HOME-MADE CAKES from £3.95

ask for selection

## ICE CREAM £2.30 per scoop

vanilla, strawberry, chocolate, rum & raisin, toffee honey crunch, salted caramel

## CHEESEBOARD £12.95

biscuits, celery, grapes

## SORBET £2.30 per scoop (ve)

## RUM, RUM & RAISIN £8.50

2 scoops rum & raisin ice cream & shot of rum

## ETON MESS SUNDAE £8.50

meringue, berries, vanilla & strawberry ice cream, whipped cream

## STICKY TOFFEE SUNDAE £8.50

toffee sauce, toffee honey crunch ice cream, whipped cream

## VEGAN SUNDAE £8.50

fruit, sorbet, vegan whipped cream (ve)

## CHOCOLATE SUNDAE £8.50

chocolate sauce, crushed oreos, chocolate & vanilla ice cream, whipped cream

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www.staks.je  
01534 519563



**STAKS**  
La Pulente