

Mother's Day Menu

STARTERS

DARK RUM BARBEQUE RIBS £8.95

toasted sesame seeds, garnish (gf)

MOULES £10.50

cream, white wine, garlic, shallots, thyme, parsley
crusty bread (gfo)

GAMBAS £10.95

garlic butter, chilli, parsley, smoked paprika,
crusty bread (gfo)

GARLIC MUSHROOM BRUSCHETTA £8.95

garlic mushrooms, truffle oil, rocket, bruschetta (ve)

BAKED GOAT'S CHEESE £8.95

apple, cranberry, walnut oil, toasted walnuts,
garnish, balsamic reduction, toast (gfo)

SIDES

garlic bread	£4.95	broccoli	£4.20
garlic bread		house slaw	£2.95
with cheese	£5.50	new potatoes	£4.95
garlic bread		milho	£4.95
with cheese		garden peas	£2.20
& tomato	£5.95	mushy peas	£2.20
fries	£4.20	side salad	£4.95
bread basket	£3.95	rice	£2.95

MAINS

CHICKEN ESPETADA £18.50

CHICKEN & KING PRAWN ESPETADA £20.95

KING PRAWN ESPETADA £23.95

BEEF ESPETADA £27.95

all espetadas - garlic butter, fries or rice,
option of slaw & milho (gf)

DARK RUM BARBEQUE RIBS £18.95

toasted sesame seeds, slaw option, fries (gf)

SEAFOOD TAGLIATELLE £23.95

prawns, salmon, moules, white wine, cream, garlic,
parsley

FILLET OF SEA BASS £23.95

creamy white wine sauce, potatoes, baby spinach
(gf)

BURGERS

MAX STAKS BURGER £16.95

burger, char-grilled smoked bacon, cheddar
cheese, caramelised onions, brioche bun,
lettuce, avocado, tomato (gfo)

CLASSIC STAKS BURGER £16.25

burger, cheddar cheese, brioche bun, lettuce,
avocado, tomato (gfo)

SIMPLE STAKS BURGER £15.50

burger, brioche bun, lettuce, avocado, tomato
(gfo)

STAKS VEGAN BURGER £16.50

bean burger, vegan cheese, bun, garlic vegan
mayonnaise, lettuce, tomato and avocado (ve)

all served with fries

**choose from: garlic aoili, bbq aoili, dijon aoili,
thousand islands**

SALADS

GRILLED HALLOUMI CHEESE £15.50

grilled halloumi, tuscan salad of tomatoes,
basil, croutons, parmesan, onion, garlic,
balsamic reduction (v) (gfo)

GRILLED VEGETABLE SALAD £16.95

Seasonal vegetables, sautee potatoes,
chimmichurri (v) (gf)

Welcome to Staks La Pulente. **If you have a food allergy please let us know.** All of our dishes are freshly prepared and cooked to order.
Your patience at busy times is appreciated. Due to supply chain constraints some items on the menu may not be available.

SAUCES

ADD TO
ANY DISH

- garlic aoili
- bbq aoili
- dijon aoili
- 1000 islands
- sweet chilli & lime
- sherry & peppercorn
- dark rum bbq
- garlic butter
- tartare sauce
- vegan garlic mayo
- chimmichurri

£1.95 each

£2.95 each

KIDS' MENU

PASTA POMODORO £7.95

penne pasta, Staks tomato sauce, parmesan cheese

CHICKEN GOUJONS £7.95

side & fries

SHORT STAKS BURGER £7.95 (gfo)

4oz burger, bun, cheese option, side & fries

CHOOSE A SIDE

garden peas / broccoli / side salad

ALLERGY ADVICE

Please be aware our kitchen uses ingredients such as nuts, peanuts, fish, molluscs, seafood, milk, eggs, dairy products, gluten products, mustard seeds, celery, sesame & products which may contain sulphides.

If you have dietary requirements/food allergies please speak to a member of our staff before ordering and ask for our allergens menu. Our allergens menu is also available at staks.je If your allergy is severe please do not eat our food.

(v) vegetarian (ve) vegan (vo) vegan option available (gf) prepared without gluten (gfo) gluten free option available

DRINKS

DRAUGHT

Carling	pint	£5	half	£2.60
Guinness	pint	£5.60	half	£2.90
Waverider Pale Ale	pint	£5	half	£2.60
San Miguel	pint	£6	half	£3.10
Stinky Bay IPA	pint	£5.60	half	£2.90
Strongbow	pint	£5.30	half	£2.75
Heineken	pint	£6	half	£3.10
	schooner			£4.10

Bottled beers & ciders available.

WINES BY THE GLASS

	175ml	250ml	Btl
Sauv Blanc, Marlborough	£6.80	£8.90	£26.50
Chenin Blanc, Stormy Cape	£4.70	£6.20	£18.50
Pinot Grigio, Calusari	£5.80	£7.60	£22.50
Solara Rose, Cramele recas	£4.70	£6.50	£18.50
Mirabeau, Provence Rose	£7.20	£9.50	£28.50
Carignan, Mont Rocher	£4.70	£6.50	£18.50
Malbec, Hornhead	£5.70	£7.90	£22.50

See our Wine List for our full selection

HOT DRINKS

Flat white	£2.95	Espresso	£2.00
Americano	£2.60	Dbl espresso	£2.50
Cappuccino	£2.95	Iced coffee	£3.20
Latte	£3.00	Mocha	£3.30
Hot chocolate	£2.95		
add cream	£0.55	marshmallows	£0.55
Pot of tea	£1.90		
Earl grey / Peppermint / Green			£2.00
Syrup shots	£0.50		

SOFTS

330ml cans	£2.50
J2O Apple & Mango / Raspberry	£3
J2O Orange & Passion Fruit	£3
Red Bull	£3.95
Robinsons Fruit Shoot Apple/Orange	£1.80

DESSERTS

STICKY TOFFEE PUDDING £8.95

toffee sauce, vanilla ice cream

TIRAMISU £8.95

disaronno, savoiardi, mascarpone

HOME-MADE CAKES from £3.95

ask for selection

ICE CREAM £2.30 per scoop

vanilla, strawberry, chocolate, rum & raisin, toffee honey crunch, salted caramel

CHEESEBOARD £12.95

biscuits, celery, grapes

SORBET £2.30 per scoop (ve)

RUM, RUM & RAISIN £8.50

2 scoops rum & raisin ice cream & shot of rum

ETON MESS SUNDAE £8.50

meringue, berries, vanilla & strawberry ice cream, whipped cream

VEGAN SUNDAE £8.50

fruit, sorbet, vegan whipped cream (ve)

CHOCOLATE SUNDAE £8.50

chocolate sauce, crushed oreos, chocolate & vanilla ice cream, whipped cream

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STAKS
La Pulente